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Liberal Studies 100-01
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Reflection I

Liberal studies 100 is the first liberal studies course I have taken. In the first month of the course, I have been introduced to a new way of grasping knowledge by observing and by learning to develop multiple perspectives. The first day of class has stood out the most to me. When the class was asked to come up and inspect each item to begin pondering what they could be, could be used for, or something entirely different. This approach to begin to help students see in multiple perspectives and engage their critical thinking was fun and active. Becoming more self-aware has been theme I have noticed but have not really felt much progress in yet. I have been able to mildly improve my reading and writing skills due to writing my first intellectual biography and reading the assigned articles. Before this course, I had no idea what an intellectual biography was. Learning to be able to write a coherent essay about my early life and academic struggles really helped with my analytical thinking. I considered it quite a struggle to be able to organize my early life and my education into a coherent story for professional purposes. In class I am usually fairly quiet, however when we are required to get into groups I have increased in participation with others by reading out the required texts and engaging in conversation. This is important as it forces me to work on the effectiveness of my communication. The reading I have most effectively engaged with is the most recent one on Interdisciplinary studies. The first definition, drawing on disciplinary perspectives in answering a question or problem that is broad by having a more comprehensive approach seems very

useful and important. That definition also seemed the most clear to me due to its simplicity. Mastering interdisciplinary studies would be great skill to have in academics, especially when doing research. When I attended the guest presentation about Canada's native history it was interesting to hear the history spoken by someone who had lived through much of the terrible events that went on between the natives and the government. This course has introduced me to new ways of thinking and analyzing. For example writing this reflection about my experience in the first month of my Liberal studies course is different to me. Overall, Liberal studies 100 has introduced to me new ways of critical thinking and problem solving in ways that I had never thought of before.