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LBST 330
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Fields of Assessment Exercise

1. Current emerging fields of interest: Cooking, Teaching

2. The courses listed below are the courses that have thus far paved the in my university career. Related courses to my fields of interest:
 - English 100 fall 2015 introduction university writing strategies, one of my first courses, introduced to me university level writing and citations.
 - LBST 100 fall 2017 introduction to LBST program, originally took as an elective but then transferred into LBST program as it fit most of transferred credit courses from UVIC.
 - CRIM 202 spring 2017, interested in Criminology but since Capilano University did not offer a degree in Criminology I again changed course direction.
 - LBST 200 fall 2018, at this point declared LBST program and continued studies in qualitative research and how to implement this way or research in other course work.
 - LBST 201 spring 2018, introduced to quantitative research.

- EDUC 121 fall 2018, took as an elective for LBST degree and earned my ECE assistant certification towards a possible teaching career.
 - LBST 330 fall 2019, introduction to graduating project and tutorials. Preparation for final year requirements and projects.
3. As a third-year student in the Liberal Studies program my fields of interests spread over a broad variety of options due to the open nature of my degree. Throughout my degree, my developing interests have pertained to my current employment and volunteering experiences. Much of my life I have been a line cook in various types of restaurants from the early age of 16. At first cooking was a chore and something I had to work at to understand, but later as I learned how important it was; I began to appreciate it as a valuable skill. I have been considering the profession of chef for a long time. Throughout my travels in other parts of the world, my priorities have shifted to focusing on trying new ethnic foods under various cultures and traditions. However, the art of cooking is not my only focus. Just over a year ago, I received employment in an after-school daycare on public elementary school grounds. My friend, who was the director of the program, hired me as she thought I might be good at working with children. Prior to this opportunity, I did volunteer in the same childcare a few years before, however I had no other experience in the industry of childcare. Working with children was something I never considered. Despite my inexperience, I took the job both to help with the program and simply for my own self-interest. I also took an Early Childhood Education course as an elective for my Liberal Studies degree and I later used

that course to apply for an Early Childhood Education assistant certification. Over the course of a year, I have very much enjoyed my time working at the daycare and learned how to communicate with children from various ages, as well as supervisory duties. Working with children has encouraged me to consider going into teaching.

Much of my volunteer work has been related to either preparing to travel to a third world country for community restoration. In the last three years of high school I went on two group trips under the Company called Explorica. The first trip was in Costa Rica in 2013 for restoring a community village over a period of two weeks. The second trip was a year later in Peru along the Amazon river helping build board walks for two weeks as well. Both experiences widened my view of the third world as well as lending a greater understanding of what is considered important in the third world as opposed to the first.

4. My first HIST 225 term Essay on World War Two I wrote at Capilano University was important as it vastly shaped my skill and confidence in writing university level papers as well as how to properly cite works. My LBST 201 statistical research presentation about if and how religion affects students at Capilano university. The study looked for a trend towards atheistic/agnostic belief structures on campus. The interviewing process and research was a great introduction to quantitative research and have considered the topic or a similar topic for a tutorial.

5. One possible topic I have considered is the effects of religion on students as there is a lot of evidence on the subject. Studying the effects of religion on university students would greatly explain how and why religion's prominence is rising or decreasing and how it is viewed by

current youthful generations. The study could be helpful in estimating a trajectory for religions prominence in academic institutions in the coming decades.

The second topic I have considered is a study on the standardization of university courses and its examinations. The study needs to be narrowed down, but the research would focus on the benefits and costs of individuality verse standardization with an example analogy being how a French course is conveniently taught in the same four months as history course. All courses are taught in the same length of time and what does that convenience sacrifice?