

LIFESPAN DEVELOPMENT (Infographic)

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Submitted for grading purpose

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Introduction

Life span is defined as a process that we go through while growing up and exposing ourselves to the various agents of socialization. Lifespan development is defined as a biological and a psychological process that takes place among the human beings between the birth and the end of adolescence. This is a method of progression from dependence to autonomy. The lifespan changes and development is greatly influence by both the environmental and genetic factors. It's may be caused due to genetically controlled procedure known as the maturation or due to the factors of the environment including personality development.

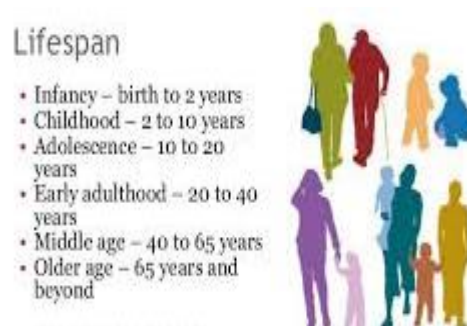


Figure: Lifespan Developing Action

(Source: Whitbourne, 2021)

About lifespan development

The psychological analysis of human lifespan development seeks to explain how and the process of the change among individual throughout life.

Development involves human growth from the time of conception till death. Lifespan development includes social, emotional, cognitive, language and biological developments (Whitbourne, 2021). Most important factor which has an influence on the personality is culture imbibed from music, televisions and also peer groups.

Emotional and social development refers to the ability to understand the interaction of work and live with people from diverse backgrounds (Smith, 2019). Individual also dance to deal with the various emotions environment they are exposed to.

Cognitive development is known as development in motor understanding language acquisition problem solving and emotional development it is a process of Identity formation.

Language development occurs at a very primary stage when the child is exposed to the process of socialization it is generally starts developing within the family circle.

The biological development includes the ability to use the body parts and to express and communicate with others.

Requirements of development

The most important requirement of lifespan development is to help people adapt to the lifestyle of their environment. Lifespan development is a method to study the modes and the characteristics of development (Bazerman, et al., 2018). Lack of the following characteristics will lead to negative prospective and frustration towards life and people. The evaluation of lifespan development includes monitoring integration and testing.

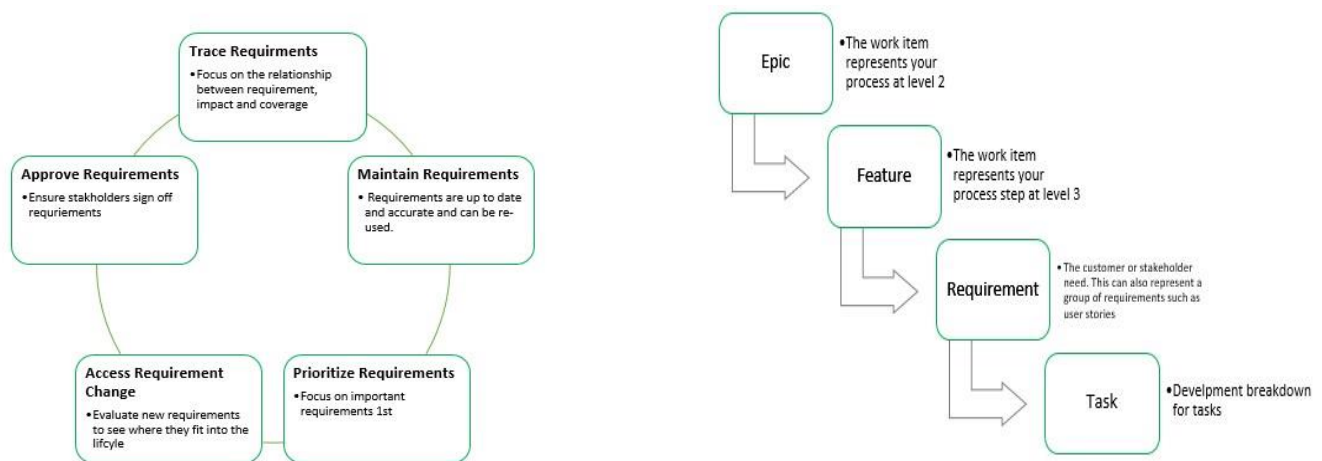


Figure: Lifespan Requirements

(Source: Bazerman, et al., 2018)

Example of infographic

Based on the research paper II of lifespan development the following infographic interpretations can be made;

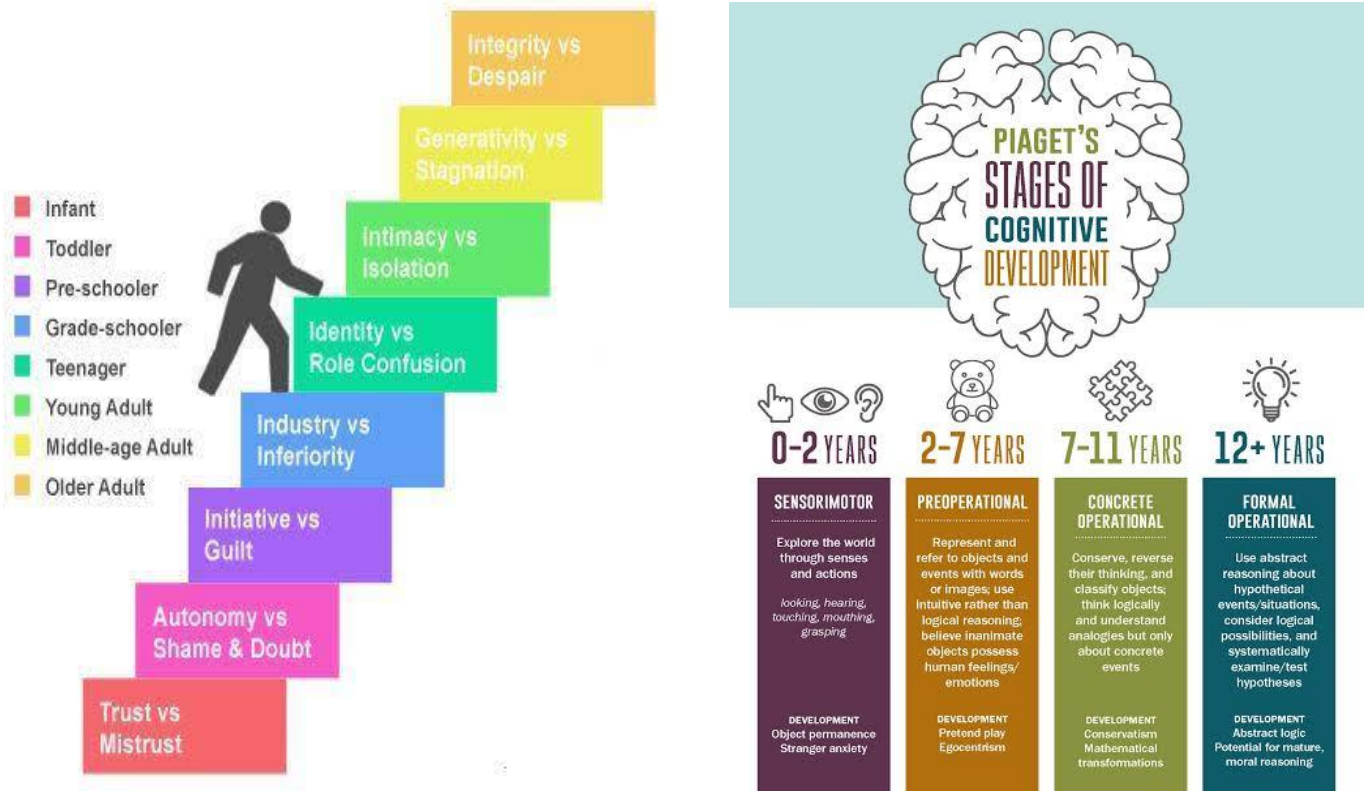


Figure: Lifespan Development

(Source: Smith, 2019)

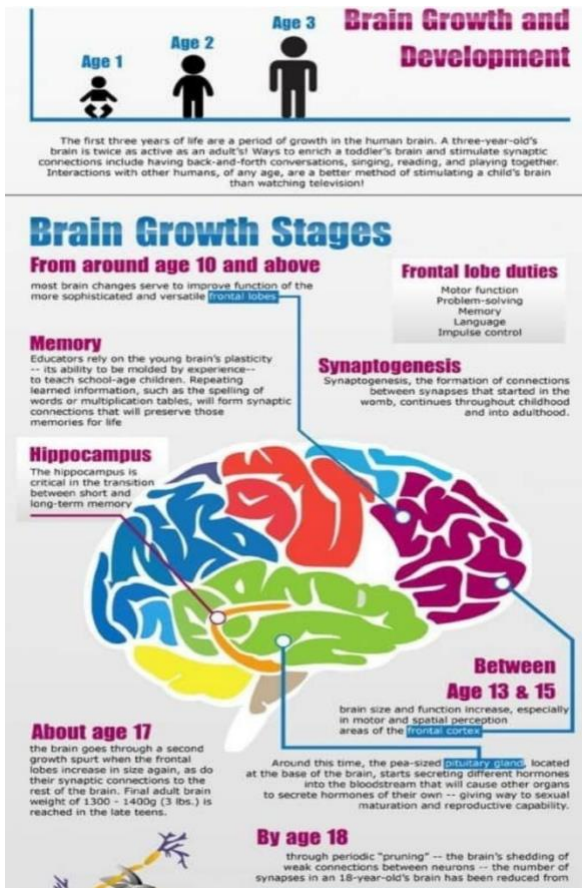


Figure: Info-graphic Interpretations

(Source: Whitbourne, 2021)

References

- Bazerman, C., Applebee, A. N., Berninger, V. W., Brandt, D., Graham, S., Jeffery, J., ... & Wilcox, K. C. (2018). *The lifespan development of writing*. Urbana, IL: National Council of Teachers of English. <https://wac.colostate.edu/books/ncte/lifespan-writing/>
- Smith, P. (2019). PSYCHOBIOLOGY AND LIFESPAN DEVELOPMENT: AN EVOLUTIONARY PERSPECTIVE. *Journal of Social & Psychological Sciences*, 12(1). <http://search.ebscohost.com/login.aspx?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=17567483&AN=149032653&h=n9UEwR50cHLDTTC63I%2FrFupfQbwfP%2BIaoEFz%2BjXPkPXrCBU9TD1C63ZlGczuoXWwZl5KfqUiBgbOVffMPsIt1tA%3D%3D&crl=c>
- Whitbourne, S. (2021). *Apa.org*. Retrieved 19 June 2021, from <https://www.apa.org/ed/precollege/topss/lessons/life-development.pdf.v>