

Learning for Students With ADHD Symptoms

What is ADHD?

ADHD is a neurobehavioral disorder. It causes symptoms such as inattention, hyperactivity, impulsivity, amongst others. Symptoms of ADHD can also lead to troubles in work, academic, and social life.

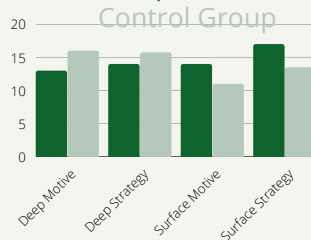
ADHD is one of the most commonly diagnosed disorders in children.

ADHD Affects:

- 5% of people ages 5-17
- 8% of collage students

Current learning methods

ADHD Group



Students with ADHD are using a surface strategy approach to learning. Surface strategy is an approach to learning for the purposes of memorization and fear of failure rather than understanding and meaning.

The ADHD symptom that appears to obstruct learning the most is inattention. In some instances hyperactivity and impulsivity can even help students with ADHD motivate.

What could more research do?

- Provide learning theories that cater to students with ADHD.
- Create a more inclusive and learning environment.
- Diversify the membership of academia.
- Lead to ADHD inclusive curriculums.
- Broaden knowledge of ADHD in adulthood.
- Enhance the production of diverse ideas and creativity through the voices of students with ADHD.



Discuss and Share

Until there is more research on learning with ADHD discuss and share what you know. If you are a student with ADHD share your insight and discuss with your peers what learning strategies work for you.

References

- Shelton, C. R., Addison W. E., & Hartung C. M. (2019). ADHD and SCT symptomatology in relation to collage students' use of self-regulated learning strategies. *Journal of Attention Disorders*. 23(14), 1719-1728. <http://dx.doi.org.ezproxy.capilanou.ca/10.1177/1087054717691134>
- Simon-Dack, S. L., Rodriguez D. P., & Marcum G. D. (2016). Study habits, motives, and strategies of collage students with symptoms of ADHD. *Journal of Attention Disorders*. 20(9), 775-781. <https://doi.org/10.1177%2F1087054714543369>
- Walters, S. (2020). *Psychology* (1st Canadian ed.). BCcampus. Retrieved May 22, 2021, from <https://psychology.pressbooks.tru.ca>.