

PERSONALITY & THERAPY IN

DUNGEONS & DRAGONS

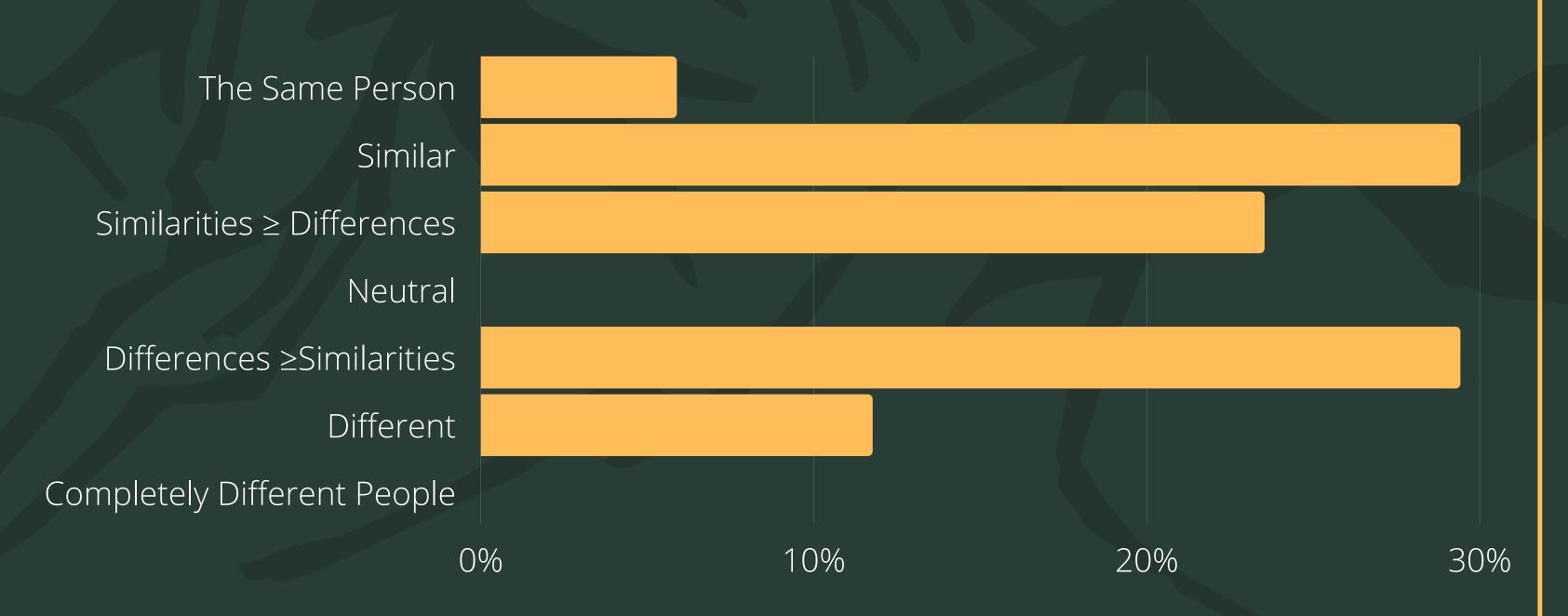


D&D Allows Players to...

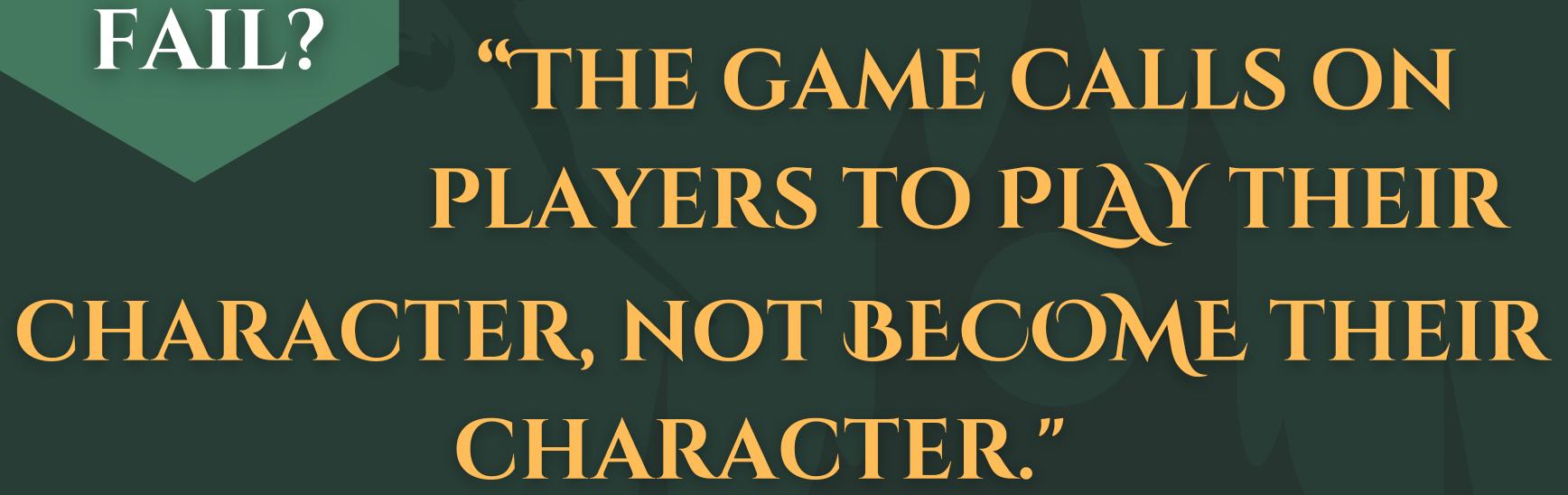
Work with collaborative social engagement, explore personality trials in a structured environment, cultivate personal empathy through the 3rd person viewing of shared traits, and develop personality attributes they may struggle with.



Player Vs Character Similarites



CRITICAL FAIL?



Caution: Difficult Terrain Ahead!

We must be careful when combining emotional vulnerability and the addictive nature of gaming. This can lead to 'bleed'; when the character and player merge too completely. We must also be aware of the impact on our Dungeon Master- they are facilitating the game, but are not necessarily reponsible for a player's cathartic expereince!

